

CORONADO UNIFIED SCHOOL DISTRICT Wellness Committee Meeting

Thursday, February 20, 2020
3:30-4:30pm
District Office Board Room
201 Sixth Street
Coronado, CA 92118

*“The body achieves that which the mind believes.”
-anonymous*

Time	Item	Who?
3:30-3:40	<u>Welcome and Introductions</u>	Charity
3:40-3:55	<u>CUSD Wellness</u> <ul style="list-style-type: none"> • Community engagements/happenings • Wellness policy awareness <ul style="list-style-type: none"> ○ Now included in registration • Wellness website for information & newsletters • https://coronadousd.net/departments/food-services-student-nutrition/cusd-wellness-policy/ 	Group
3:55-4:25	<u>Priorities for sy 2019/20</u> <ul style="list-style-type: none"> • Discuss results of Wellness Policy Assessment <ul style="list-style-type: none"> ○ WellSAT 3.0 • Discuss goals to achieve better results 	Group
4:25-4:30	<u>Announcements</u>	Group

UPCOMING CUSD WELLNESS COMMITTEE DATES for sy 2019/20

CUSD District Office Board Room

- Last Thursday of the month: April 23, 2020 – discuss progress for set goals and to discuss new goals for sy 2020/21

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